



Jigsaw/ PSHE

At Stephen Freeman Primary School, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using the Jigsaw programme supports this. Through using Jigsaw our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.

Jigsaw is implemented throughout the whole school during weekly whole class Jigsaw lessons focusing on different topics each term and is embedded through all lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning.

The aims of PSHE and Jigsaw within Stephen Freeman are to provide children with:

- Accurate and relevant knowledge
- Opportunities to create personal understanding
- Opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- A range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Jigsaw deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings.

Children at Stephen Freeman also acquire an understanding and experience of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen.